PRAYING WITH PSALMS
THE PRAYER BOOK OF JESUS

"THESE ARE MY WORDS THAT I SPOKE TO YOU WHILE I WAS STILL WITH YOU, THAT EVERYTHING WRITTEN ABOUT ME IN THE LAW OF MOSES AND THE PROPHETS AND THE PSALMS MUST BE FULFILLED."

LUKE 24:44

ABOUT JESUS…

Jesus himself is the ultimate object of all the scriptures of the Old Testament.

Jesus is our true worship leader. All worship is an outflow of the mediating ministry of our High Priest.

"Regardless of the particular form or style, behind all true worship is the **mediating ministry** of our high priest, Jesus Christ." (See Hebrews10:21)

"Properly defined, worship is a **lifestyle** that expresses grateful response to God for all he has done for us in Christ. Included is **the way we treat others**, based on the truth that we have been reconciled to God through Christ (2 Corinthians 5:18)." Joseph Tkach

PSALMS REFERRING TO AND QUOTED BY JESUS (62)

“The LORD says to my Lord: ‘Sit at my right hand until I make your enemies your footstool.’” Psalm 110:1
Theme: The Lord’s chosen priest and king rules absolutely.

“My God, my God, why have you forsaken me?
Psalm 22:1 (See also Matthew 27:32-50)
Theme: Current suffering and future deliverance.

“Into your hand I commit my spirit; [you have redeemed me. O LORD, faithful God].”
Psalm 31
Theme: Save me in your steadfast love!

CONSIDER CONTEXT

A wee bit of context on Psalm 16: A Mitkam of David.

Mitkam is probably a musical or liturgical term of unknown meaning. It resembles a word for a "cover." It occurs 6 times in Psalms 16 and 56-60. Several of these Psalms are from David's time on the run.

David: Peter refers to David as a patriarch and prophet (Acts 2:28-31) when he cites Psalm 16: 8-11 as prophecy fulfilled in Jesus.

Notice the contrast between Psalm 15 and 16.

What difference does it make to know these things?

AND NOW WE PRAY (FORMATION VS. INFORMATION)

Silence and settling.

16 Preserve me, O God, for in you I take refuge.

2 I say to the LORD, “You are my Lord;

I have no good apart from you.”

How has the Lord been a refuge for you?

Tell Him how it is to need and experience His protection.

Think about the statement, “I have no good apart from you.”

DELIGHTING IN OTHERS

3 As for the saints in the land, they are the excellent ones,

in whom is all my delight.

Who are “saints in the land” in whom you delight?

Name them to the Lord.

Thank the Lord for their lives and example.

Pray blessings on them.

WARNING

4 The sorrows of those who run after another god shall multiply;
their drink offerings of blood I will not pour out
or take their names on my lips.

Sometimes we are tempted to take our needs to “another god.”

What person, thing, cause, or occupation seems to offer to meet your needs better than the Lord does?

What is the outcome of running after another god?

“MY PORTION AND MY CUP”

5 The LORD is my chosen portion and my cup;

you hold my lot,

6 The lines have fallen for me in pleasant places;

indeed, I have a beautiful inheritance.

SHARE:

What goodness do you experience because you belong to the Lord and He is your “portion and cup”?

THE LORD GIVES ME COUNSEL

7 I bless the LORD who gives me counsel;

in the night also my heart instructs me.

Where do you need guidance and direction?

Ask specifically to receive His counsel and instruction. Ask for your heart to be aligned with His.

“SECOND MEANING,” C. S. LEWIS

8 I have set the LORD always before me;
because He is at my right hand, I shall not be shaken.
9 Therefore my heart is glad, and my whole being rejoices;
my flesh also dwells secure.
10 For you will not abandon my soul to Sheol,
or let your holy one see corruption.
11 You make known to me the path of life;
in your presence there is fullness of joy;
at your right hand are pleasures forevermore.

Share:

Jesus KNEW and LIVED this Psalm.

How does that impact how you pray with Psalm 16?

PSALM 16 ALTOGETHER

What word or phrase will you take with you from Psalm 16?

Who do you know who needs to hear a good word from this Psalm?

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sshannon@tallowood.org

Next week: Coming Clean: Confession